

MENTAL HEALTH

What is a Mental Health Crisis?

In a mental health crisis, a person's usual coping style may be overwhelmed. As a result, the person may become disoriented, nonfunctional, or attempt harm to self or others. All suicide threats or attempts should be reported to the Emory Police so that proper procedures may be followed to ensure the safety of those involved.

Tips for Recognizing a Mental Health Crisis

- Highly disruptive behavior (physical or verbal aggression)
- Overt suicidal threats (written or verbal)
- Homicidal threats (written, verbal, or history of violence)
- Inability to communicate (incoherent, garbled, or slurred)
- Loss of contact with reality (hallucinations)

In the Event of a Mental Health Crisis

- Never try to handle a situation that you feel is dangerous. Show concern and maintain a safe distance.
- Call Emory Police at 911 from any campus phone or 404.727.6111. Clearly state that you need immediate assistance, give your name, your location, and the area involved. Be prepared to provide information regarding the individual involved and the specific behavior you have observed.
- Students may call the Emory Help line at 404.727.HELP (4357) seven days a week, 9:00 p.m. to midnight. See the Counseling Center during regular business hours or talk with your RA.
- Faculty and staff may call FSAP on-call service 404.727.4328. When you reach the automated attendant, select 2.
- Substance Abuse Treatment Locator
1.800.662.HELP (4357); www.findtreatment.samhsa.gov
- National Council on Alcoholism and Drug Dependence Hopeline
1.800.NCA.CALL (622.2255); www.ncadd.org